

NORTHAMPTON PARKS & RECREATION TEEN EXPEDITIONS



Session 2: July 5 - July 8, 2022 - EXPLORERS UNITE

Monday, 7/4	Tuesday, 7/5	Wednesday, 7/6	Thursday, 7/7	Friday, 7/8
	ORIENTATION HIKE @	LOOK PARK CRAFTS JFK Pool	Berkshire East Zip line & Mountain	LAKE WYOLA
NO CAMP	MINERAL HILLS COSERVATION AREA We will begin the week with ice breakers and other games, a hike with lunch at Mineral Hills in Northampton, followed by an afternoon swim at Musante Beach in Leeds.	The morning will start with biking to Look Park, where we will compete in activities and games, partake in various arts crafts, and possibly leave for a bike ride along the bike path toward Easthampton before finishing our day with a lengthy yet leisurely swim at JFK to end the day.	Coaster The day will be spent at Berkshire East, in Charlemont, zip lining, eating lunch, and riding the mountain coaster. *Two (2) waivers are required for this trip	The day will be spent swimming, relaxing, and playing games on the beach.
	 □ swim gear □ suitable shoes □ water □ lunch and snack □ bug spray □ sunscreen 	 □ Bike & Helmet □ white t-shirt □ swim gear □ suitable shoes □ lunch and snack □ water □ bug spray □ sunscreen 	□ Required waivers (2) □ suitable shoes □ lunch and snack □ water □ bug spray □ sunscreen	& bathing suit) □ suitable shoes (opentoed optional) □ water □ lunch and snack □ bug spray □ sunscreen